



Prospect Program

Training Days

What is Changing

There is **no change** in the number of training days.

The program will continue to offer **two training days per year**.

- April
- September

Why This Structure Remains

These two training opportunities are strategically placed in the season to support:

- Early season preparation
- Skill development and technical review
- Continued engagement with the Prospects Program pathway

What Participants Can Expect

Participants will continue to receive two technically focused development opportunities each year. These sessions will provide athletes with on-ice technical instruction, as well as off-ice education sessions that support



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overall athlete development. Together, these opportunities help athletes build both their technical skills and their confidence in training and competition environments.