



# Team Sask Competitive Team Criteria

2026/27

The Competitive Team is comprised of Juvenile to Novice level athletes who meet the criteria below. The Athlete Development Committee of Skate Saskatchewan will offer these athletes opportunities and funding to help them as they enter or as they continue to develop on the Podium Pathway.

## Targeted Athletes

- Juvenile athletes who are placing in the top groups at summer/fall competitions and our Sectional Championships. This is their introduction to the Podium Pathway which will see an increase in training and development opportunities from their previous seasons.
- Pre-Novice and Novice level athletes who have not yet met the High Performance Team criteria but are continuing to develop their technical abilities as part of Team Saskatchewan.
- Junior and Senior level skaters will not be considered for the Competitive Team.

## Singles Criteria

- Juvenile U12 and U14 skaters who are consistently landing a minimum of three different double jumps as well as double/double combinations. The jump criteria is only one factor as these skaters should have strong basic skating skills and spins.
- Pre-Novice skaters who achieve a minimum Total Competition Score of 50.00
- Novice skaters who achieve a minimum Total Competition Score of 60.00

## Pairs / Ice Dance Criteria

- Newly formed Juvenile-Novice Pairs and Ice Dance teams will be considered but are not guaranteed placement on the Competitive Team.
- Selection will be based on each athlete's previous experience in singles (or pairs/ice dance) and the team's Yearly Training Plan.

## Opportunities

- Two Team Training Days (TTD)
- Competitive Team Summer Simulations (August)
- Competitive Team gear provided (training shirt)
- Individual mental skills sessions 3/year
- Out of province competitions subsidized (pending selection)
- Strength & Conditioning at Team Camps and TTD
- Fitness testing at TTDs
- Spring 2026 Strength & Conditioning opportunity (virtual or in person)
- Other Sports Science opportunities offered in conjunction with TTD (injury prevention, concussions, etc...)