



Team Sask Elite Team Criteria

2026/27

The Elite Team is comprised of Pre-Novice to Senior level athletes who meet the criteria below. The Athlete Development Committee of Skate Saskatchewan will offer these athletes opportunities and funding to help them develop on the Podium Pathway.

Targeted Athletes

- Pre-Novice to Senior level athletes who are fully committed to figure skating and achieving top placements at their respective levels at Sectionals and are competing at national events.

Singles Criteria

- Pre-Novice and Novice level skaters who are capable of placing in the top third in their events at Skate Canada Trophy
- Junior and Senior level skaters who are capable of qualifying for the National Skating Championships.
- Consideration will be made for those on the cusp of qualifying **(subject to monitoring, submitted yearly training plan, previous competitive results)**

Pairs / Ice Dance Criteria

- Pairs and Ice Dance team considerations evaluated annually compared to the national standard (subject to monitoring, submitted training plan, previous results including both skater's singles)

Opportunities

- Two Team Training Days (TTD)
- Elite Team Summer Simulations (July)
- Elite Team gear provided (training shirt, etc...)
- Individual mental skills sessions offered monthly
- Individual nutrition sessions 3/year
- Individual assessment with an exercise physiologist 1/year
- Strength & Conditioning at Team Camps and TTD
- Spring 2026 Strength & Conditioning opportunity (virtual or in person)
- Other Sports Science opportunities offered in conjunction with TTD (injury prevention, concussions, etc...)
- Out of province competitions subsidized (pending selection)
- Out of province training opportunities subsidized (pending selection)